

INJECTING NEW LIFE

ESTETIKA presents some first-hand accounts and testimonies of women who have experienced a Botox boost and walked out of their war on wrinkles high on Fortelis dermal filler...

It appears that fighting and eliminating wrinkles has never been simpler... at least for the vainer than vain. Despite the fact that the latest procedures require injections in the face – and no one could be too thrilled about the prospect of that – many women who recently tried out Botox and Fortelis dermal filler at Estetika looked like they were going for a walk in the park before and were equally relaxed and content afterwards, despite the temporary red marks, slight swelling and all.

Mary, 48, only wanted to look her age, not younger, but neither older, which she felt her dehydrated skin and consequent deep wrinkles made her appear. “I have been conscious about my wrinkles for ages now and would have seriously considered a facelift, but my husband was not too keen. Besides, it does not look natural and I want to be myself...” Then the opportunity to try out these treatments came along and she grabbed it.

Scrutinising herself and her ‘new’ image in a pocket-sized mirror, minutes after the first Fortelis dermal filler injections in the lower part of her face, a hint of admiration could almost be detected. Mary was visibly content as she watched and waited for reactions and changes, which she felt were immediately evident and unfolded under her eyes.

“It has been a positive experience,” she said, ready to have more injections when the effects wear off after six to nine months. It would depend also, however, on her family’s views and on finances – each session costs €250, a price Mary is willing to pay at this stage.

Fortelis dermal filler is a Swiss product based on a natural ingredient, hyaluronan, found in the skin. And Mary could see that the lines, which she has gone to great lengths to try and conceal with make-up, had been



‘filled’. “The best thing about it is that it is quick and easy and not painful. It is not surgery and that makes a difference. You walk in and you walk out 15 minutes later. Life goes on; you’re just less wrinkled. I felt safe being treated by a doctor and would recommend it to my friends.”

The next step was to attack the creases in the brow and above the nose, which calls for Botox (Botulinum toxin). More injections did not put Mary off, nor did it upset the other ladies chatting in the waiting room. It was not the first time they were trying their hand at the miraculous procedures and were sipping tea and coffee in tranquillity, their foreheads covered in anaesthetic cream in preparation for the injections.

A 60-year-old, Jane felt that her age required some rejuvenating and anti-wrinkle intervention. Jane went for the lip augmentation too. “I did not want to end up with huge lips, but mine are so thin. I wanted them to be more defined.” Fortelis dermal filler

can also be used to redraw the lips.

Any form of improvement to the skin improves self-confidence. Jane maintained. She had only read the leaflets before undergoing treatment – that is how unconcerned she was about the procedures.

Was it painful? “With a dental anaesthetic the sensation is totally bearable... just a little prick, while the effects and results are huge.”

These treatments are fast and the results are visible straight away. Botulinum toxin paralyses the muscles in the forehead. It controls frowning – hence, no more frowning lines – and unnecessary facial expressions, which bring about wrinkles. Does that feel weird and unnatural? “Maybe, but we are not supposed to be frowning anyway. So, it’s for the better and it’s worth it,” explained another repeat client, Anne.

Are these women perturbed at the prospect of tampering with their skin? Not even slightly! It seems they are too happy thinking about the after-effects to even consider the possibility of pain. Even if it were uncomfortable, they wouldn’t notice, being so psychologically geared up to achieve the anti-wrinkled end result.

Although relatively new, Botulinum toxin and Fortelis dermal filler seem to have adopted the run-of-the-mill status of any other top-end cosmetology treatment. These women could have been having a facial. They walked into Estetika and they floated out, clearly on a high from the injection of self-esteem they had received. See you in around six to nine months? The next appointment for a top-up is already set...



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