

# ZAPPING AWAY THE FAT

*ESTETIKA presents a new procedure called **SmartLipo** that literally burns off fat and can be carried out with the use of only local anaesthetic.*

Fifty years ago, forward-looking documentaries had everyone pretty much convinced that in the 21<sup>st</sup> century we would fly to work. Robot servants would do our dishes, and if we gained a few unwanted pounds every now and then a fantastic machine would exist that could zap that fat away in the time for our next beach vacation.

Five decades later, we're stuck in traffic jams every morning and most of us still do our own dishes. However, an increasing array of medical technologies is hitting the aesthetic market with the prospect of zapping away fat in a minimally invasive fashion, with the least downtime and discomfort possible.

## DIFFERENCES

What exactly is SmartLipo? No, it is not an advancement of Liposuction, hence the term 'Smart' Lipo. In fact, as opposed to sucking out unaltered fat as liposuction does, SmartLipo is a laser made by specialist manufacturers DEKA which burns off the fat, converting it into an oily substance, which can then be aspirated immediately by the doctor.

What makes this treatment attractive and extremely sought after? For one, the experience is painless with the use of only local anaesthetic. The thin cannula used in SmartLipo

is a millimetre wide; this contributes to the minimal pain factor as well as making SmartLipo a minimally invasive procedure – a much more attractive option for many.

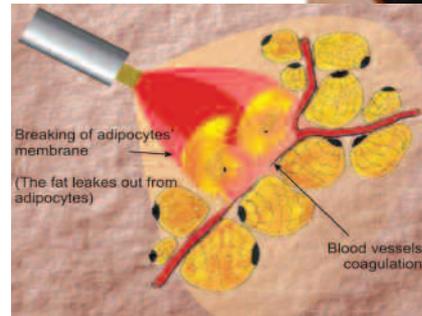
## THE PROCEDURE

The laser procedure involves the doctor inserting the cannula, which has a tiny laser mounted on the end, under the skin. The laser glides through fat like a hot knife through butter, which means less destruction and bruising. The laser selectively melts away unwanted fat without damaging the tissues around the fat cells. Incorporating thermomechanical shock to the fat cells, the sudden heat ruptures the fat cells without disturbing the other cells surrounding the target area.

Smartlipo is a fast procedure, which leads us to the second point for why this procedure is in high demand. You'll be done in a couple of hours and can get back to your normal routine in a day or two. A lunchtime body-sculpting fix!

After the procedure, all you need to do is wear a compression garment and complete a short term course of antibiotics to limit the chances of post treatment complications.

However, it is important to note that SmartLipo is not for those who are looking for drastic weight loss, but for those that are interested in



sculpting stubborn fatty areas of their abdomen, flanks, thighs and arms.

In fact the third attractive point about SmartLipo is that it can be used in areas where liposuction might be considered too traumatic such as the neck, arms and face. And as there is collagen shrinkage with the procedure, not only is the volume of fat reduced, but there will also be decreased drooping of the skin.

Now we can treat a lot of people who, before, would have needed to have surgery on top of liposuction, because their loose skin would increase after the suction and so would require excision. 📍



*Special offers for last minute pre-summer Smartlipo at Estetika in Sliema! Call 2134 0503 or visit [www.estetika.com.mt](http://www.estetika.com.mt) or [f](#) Estetika.*